

**Bend Me Shape Me** by The American Breed; Choreography: Andy Howard;

Sequence – Wait 8 Beats; Intro A B Chorus - Break - Intro A B Chorus Chorus

**Intro (16 beats):**

Samantha	DS DS(xif) Drag-Step Drag-SRS DS DS RS L R R-L L RLR L R LR &1 &2 &3 & 4&5 &6 &7 &8	<i>Start in a circle facing in Widen the circle and face out</i>
4 Basics Clap	DS RS DS RS DS RS DS RS &1 &2 &3 &4 &5 &6 &7 &8	<i>1/4L on each basic Double Clap on RS</i>

**Part A Vine (32 beats):**

Vine 8Ct	DS DS(xif) DS(ots) DS(xib) DS(ots) DS(xif) DS(ots) RS L R L R L R L RL &1 &2 &3 &4 &5 &6 &7 &8	<i>Moving around the circle</i>
2 Basics Clap Rocking Chair	DS RS DS RS DS BrushUp DS RS R LR L RL R L L RL &1 &2 &3 &4 &5 &6 &7 &8	<i>Angle L, angle R on basics</i>
	<i>Repeat above 16 beats starting on opposite foot</i>	<i>Moving opposite directions</i>

**Part B Cowboys (24 + 4 beats):**

2 Cowboys	DS DS DS BrushUp DS RS RS RS L R L R R LR LR LR &1 &2 &3 &4 &5 &6 &7 &8 DS DS DS BrushUp DS RS RS RS L R L R R LR LR LR &1 &2 &3 &4 &5 &6 &7 &8	<i>Widen, all turn to face in on Brush</i>  <i>1s stay in place 2s move in to form inner circle, facing partner</i>
2 Slur Brushes	DS(ots) SlurS(ib) DS BrushUp DS(ots) SlurS(ib) DS BrUp L R L R R L R L &1 &2 &3 &4 &5 &6 &7 &8	<i>End facing partner Close enough to grab hands</i>
Yes Mam	DS DS RS Toe(ib) L R LR L &1 &2 &3 4	<i>In place</i>

**Chorus (32 + 4 beats):**

Stomp Mtn Rocking Chair	Stomp DUpp DS RS DS BrushUp DS RS L R R LR L R R LR 1 &2 &3 &4 &5 &6 &7 &8	<i>Holding hands w partner 1st Basic - close gap; Angle L on BrushUp last Basic - form 1 circle, 2s facing L, 1s face R drop hands</i>
Triple Loop Fancy Double	DS DS DS LoopS(ib) DS DS RS RS L R L R L R LR LR &1 &2 &3 &4 &5 &6 &7 &8	<i>Triple Loop - pass partner Fancy Double to a new partner</i>
	<i>Repeat above 16 beats</i>	<i>Same moves, except stay all in 1 circle</i>
Yes Mam	DS DS RS Toe(ib) L R LR L &1 &2 &3 4	<i>In place</i>

**Break (8 beats):**

8ct Jazz Box	Step(ots) Step(xif) Step(ots) Step(ots) Step(xif) Step(ots) Step(ots) Step L R L R L R L R 1 2 3 4 5 6 7 8	<i>All face out to start over</i>
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**Intro A B Chorus Chorus**